



# ADOLESCENT RESIDENTIAL SUBSTANCE ABUSE TREATMENT SERVICES

**The Grove Academy** is a voluntary residential treatment program for adolescents between the ages of 13 to 17 whose primary diagnosis is a substance or alcohol abuse disorder.

## **Enrollment period:**

The Grove prides itself with the ability to quickly transition individuals into services. The Grove is one out of five facilities in Florida that provides adolescent residential treatment for substance abuse. The program is cost-effective to meet the needs of many of our clients.

## **Cost to the adolescent and the family:**

The Grove is in network with 27 insurance providers.

If an individual does not have insurance, we can adjust our fees using an income-based sliding scale for those who qualify through our funding and grant dollars. A day at The Academy can cost as low as \$2 a day.

## **Programs at The Academy**

The Grove Academy serves as safe place for adolescents to live for three to six months and involves the following services:

- Group Therapy (5 days a week), Individual Therapy and Family Therapy (at least once a week)
- Florida Virtual School allows students to stay on track with academics.
- R.O.P.E.S. Course develops trust and improves communication skills.
- Variety of community activities such as volunteering at Judy's Pet Rescue or attending church if adolescent wishes.



## **Other Adolescent Services:**

INDIVIDUAL THERAPY

GROUP THERAPY

PARTIAL HOSPITALIZATION

INTENSIVE OUTPATIENT PROGRAM

PSYCHIATRIC EVALUATIONS

MEDICATION MANAGEMENT

DRUG SCREENING

TOBACCO 411

ANGER MANAGEMENT

Visit [www.thegrove.org](http://www.thegrove.org) for more information.

## **Locations:**

### **The Grove Academy**

580 Old Sanford/Oviedo Rd.  
Winter Springs, FL 32708

### **Outpatient Counseling**

111 W. Magnolia Avenue  
Longwood, FL 32750

## **Contacts:**

### **Jamie Nau**

(Treatment Service Coordinator)  
(407) 327 - 1765 ext. 1905  
JNau@thegrove.org

### **Arlette Bridges**

(Clinical Supervisor)  
(407) 327 - 1765 ext. 1107  
ABridges@thegrove.org